What is ZULRESSO?

ZULRESSO™ (brexanolone) CIV is a prescription medicine used in adults to treat a certain type of depression called Postpartum Depression.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about ZULRESSO?

ZULRESSO can cause serious side effects, including:

- **Excessive sedation and sudden loss of consciousness.** ZULRESSO may cause you to feel very sleepy (excessive sedation) or pass out (loss of consciousness). Your healthcare provider should check you for symptoms of excessive sleepiness every 2 hours while you are awake.
  - During your ZULRESSO infusion, tell your healthcare provider right away if you feel like you cannot stay awake during the time you are normally awake or if you feel like you are going to pass out. Your healthcare provider may lower your dose or stop the infusion until symptoms go away.
  - You must have a caregiver or family member with you to help care for your child(ren) during your ZULRESSO infusion.
- Because of the risk of serious harm resulting from excessive sedation or sudden loss of consciousness, ZULRESSO is only available through a restricted program called the ZULRESSO REMS.

Please see Important Safety Information throughout brochure and accompanying [Full Prescribing Information](#), [Boxed Warning](#) and [Medication Guide](#), in pocket.

ZULRESSO (brexanolone) is the first and only FDA-approved medicine indicated for postpartum depression in adults.
ZULRESSO can cause serious side effects, including:
• Excessive sedation and sudden loss of consciousness. ZULRESSO may cause you to feel very sleepy (excessive sedation) or pass out (loss of consciousness). Your healthcare provider should check you for symptoms of excessive sleepiness every 2 hours while you are awake.
• Sleepiness every 2 hours while you are awake
• Increased risk of suicidal thoughts or actions. ZULRESSO and other antidepressants, opioids, or Central Nervous System (CNS) depressants (such as benzodiazepines) may increase suicidal thoughts and actions in some people 24 years of age and younger. Depression or other serious mental illnesses are the most important causes of suicidal thoughts or actions in some people. The most common side effects of ZULRESSO include:
  • Sleepiness, dry mouth, passing out, flushing of the skin or face
  • Decrease in appetite or weight loss
  • Stomach pain or cramps
  • Headache
  • Low blood pressure when you stand up quickly (this may make you feel dizzy and faint)
  • Difficulty sleeping
  • Nervousness
  • Changes in mood or behavior
  • Dry mouth
  • Skin rash
  • Blurred vision
  • Changes in sexual desire or ability
  • Shaking (tremors)

If you have any of these side effects and they bother you, talk to your healthcare provider. To find out more about these side effects, including the risks and benefits of ZULRESSO and about the best way to treat your baby while receiving ZULRESSO, read the Full Prescribing Information including Boxed Warning and Medication Guide for ZULRESSO. Your healthcare provider can also discuss any questions you may have with your healthcare provider.

Especially tell your healthcare provider if you take other antidepressants, opioids, or Central Nervous System (CNS) depressants. These are not all the side effects of ZULRESSO. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.
You are not alone.

About 1 in 9 moms suffers from postpartum depression (PPD), a common medical condition that can happen during or after pregnancy.
At first, the symptoms of postpartum depression (PPD) may seem similar to those experienced by most new moms, such as changes in mood, sleep patterns, and anxiety level. If it’s PPD, many of these symptoms last longer than 2 weeks.

Listed below are some of the symptoms of PPD, but there may be others. If you are experiencing anything that causes concern, talk to your doctor. Your doctor will tell you if it’s PPD.

- Feeling depressed (for example, empty, sad, or hopeless)
- Little interest or pleasure in doing normal activities (for example, trouble bonding with baby, loss of interest in socializing, feeling like you don’t care anymore)
- Trouble falling or staying asleep, or sleeping too much
- Feeling tired or having little energy
- Feeling like you need to force yourself to eat, overeating, or noticeable weight changes
- Feeling guilty for things over which you have no control
- Difficulty thinking clearly or concentrating
- Inability to sit still, pacing, tugging on clothing, or slowed speech, thinking, or movements
- Thoughts of death, suicidal thought/attempts

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. ZULRESSO and some medicines may interact with each other and cause serious side effects.
Postpartum depression is not your fault

You may be wondering why this has happened to you. Postpartum depression (PPD) is one of the most common medical complications during and after pregnancy. While its cause is not fully understood, the following facts are important:

- PPD can happen to anyone, regardless of age, ethnicity, marital status, or income
- Research shows that there are biological and environmental factors that may be associated with PPD, such as:
  - Family or personal history of depression
  - Increased stressors
  - Hormone changes related to pregnancy
- These are some of the factors that can contribute to PPD, but there are others. It’s important to remember that PPD can happen to anyone.

SELECT IMPORTANT SAFETY INFORMATION

Especially tell your healthcare provider if you take other antidepressants, opioids, or Central Nervous System (CNS) depressants (such as benzodiazepines).

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine. Your healthcare provider will decide if other medicines can be taken with ZULRESSO.

Please see Important Safety Information throughout brochure and accompanying Full Prescribing Information, including Boxed Warning and Medication Guide, in pocket.

Talk to your doctor as soon as possible if you think you may have PPD.
PPD is a treatable condition.

You don’t have to push through it—talk to your doctor as soon as possible if you think you may have PPD.

Care for yourself first

- During this very important time in your life, Each. Day. Matters. Of course you want to be there for your baby; that’s why you have to take care of yourself too.
- Experiencing symptoms of postpartum depression (PPD) may have consequences.

SELECT IMPORTANT SAFETY INFORMATION

How will I receive ZULRESSO?

ZULRESSO is given to you by continuous intravenous (IV) infusion into your vein. The infusion will last for a total of 60 hours (2.5 days).

Please see Important Safety Information throughout brochure and accompanying Full Prescribing Information, including Boxed Warning and Medication Guide, in pocket.
ZULRESSO can help with postpartum depression

Moms who took ZULRESSO experienced a greater improvement in symptoms of postpartum depression vs placebo in 2.5 days, as measured by a standard depression scale.

Fast symptom improvement is possible.
Talk to your doctor to learn more about ZULRESSO.

ZULRESSO REMS

Because of the risk of serious harm resulting from excessive sedation or sudden loss of consciousness during treatment, ZULRESSO is only available through a restricted program called the ZULRESSO REMS in which a healthcare provider will carefully monitor the patient at a certified healthcare facility.

SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of ZULRESSO include:
- Sleepiness, dry mouth, passing out, flushing of the skin or face

Please see Important Safety Information throughout brochure and accompanying Full Prescribing Information, including Boxed Warning and Medication Guide, in pocket.
In 2.5 days, moms treated with ZULRESSO experienced a greater reduction in symptoms of postpartum depression vs placebo as measured by a standard depression scale. This 30-day measurement was also a preplanned part of the study.

**MAINTAINED RESULTS**

In clinical studies, moms who took ZULRESSO generally still felt better 30 days after treatment began as measured by a standard depression scale. This 30-day measurement was also a preplanned part of the study.

You can feel better in days

**SELECT IMPORTANT SAFETY INFORMATION**

What is the most important information I should know about ZULRESSO?

ZULRESSO can cause serious side effects, including:

- Excessive sedation and sudden loss of consciousness. ZULRESSO may cause you to feel very sleepy (excessive sedation) or pass out (loss of consciousness). Your healthcare provider should check you for symptoms of excessive sleepiness every 2 hours while you are awake.

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Visit SageCentralSupport.com to learn more about patient support resources and programs.

Sage Central is here to help with patient support resources and programs:

- **LIVE SUPPORT**: Dedicated case managers—Sage Central Navigators—who can provide information to help throughout the treatment journey.
- **PERSONALIZED SUPPORT**: Assistance with understanding insurance and coverage options.
- **FINANCIAL ASSISTANCE**: Learn about possible financial assistance programs for eligible patients.
- **ADDITIONAL RESOURCES**: Access to educational resources and assistance with connecting patients to local support within their communities.

Call 844-4-SAGERX (844-472-4379) To connect with a Sage Central Navigator M-F, 8AM-8PM ET.

Please see Important Safety Information throughout brochure and accompanying Full Prescribing Information, including Boxed Warning and Medication Guide, in pocket.

Please remember that your doctor should always be your primary resource for any questions regarding your treatment.
Each.
Day.
Matters.

Talk to your doctor to see if ZULRESSO is right for you.

You're not in this alone. If you think it may be PPD, your doctor can help.

SELECT IMPORTANT SAFETY INFORMATION

Before receiving ZULRESSO, tell your healthcare provider about all your medical conditions, including if you: drink alcohol, have kidney problems, are pregnant or think you may be pregnant (it is not known if ZULRESSO will harm your unborn baby), are breastfeeding or plan to breastfeed. ZULRESSO passes into breast milk.

Talk to your healthcare provider about the risks and benefits of breastfeeding and about the best way to feed your baby while receiving ZULRESSO.

Please see Important Safety Information throughout brochure and accompanying Full Prescribing Information, including Boxed Warning and Medication Guide, in pocket.

What should I avoid while receiving ZULRESSO?

• ZULRESSO may make you feel dizzy and sleepy. Do not drive a car or do other dangerous activities after your ZULRESSO infusion until your feeling of sleepiness has completely gone away. See "What is the most important information I should know about ZULRESSO?"

• Do not drink alcohol while receiving ZULRESSO
A chance for a new beginning in days

In 2.5 days, moms treated with ZULRESSO experienced a greater reduction in symptoms of postpartum depression compared to placebo as measured by a standard depression scale. The effect of ZULRESSO compared to placebo was also measured 30 days after starting treatment.

Tell your healthcare provider if you take other antidepressants, opioids, or CNS depressants such as benzodiazepines. Alcohol should be avoided.

What is ZULRESSO?
ZULRESSO™ (brexanolone) CIV is a prescription medicine used in adults to treat a certain type of depression called Postpartum Depression.

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Talk to your doctor to see if ZULRESSO is right for you or visit Zulresso.com