

# Each. Day. Matters.

ZULRESSO (brexanolone) is the **first and only FDA-approved** medicine indicated for postpartum depression in adults.

## What is ZULRESSO?

ZULRESSO™ (brexanolone) CIV is a prescription medicine used in adults to treat a certain type of depression called Postpartum Depression.

## IMPORTANT SAFETY INFORMATION

### What is the most important information I should know about ZULRESSO?

#### ZULRESSO can cause serious side effects, including:

- **Excessive sedation and sudden loss of consciousness.** ZULRESSO may cause you to feel very sleepy (excessive sedation) or pass out (loss of consciousness). Your healthcare provider should check you for symptoms of excessive sleepiness every 2 hours while you are awake
  - During your ZULRESSO infusion, tell your healthcare provider right away if you feel like you cannot stay awake during the time you are normally awake or if you feel like you are going to pass out. Your healthcare provider may lower your dose or stop the infusion until symptoms go away
  - You must have a caregiver or family member with you to help care for your child(ren) during your ZULRESSO infusion
- Because of the risk of serious harm resulting from excessive sedation or sudden loss of consciousness, ZULRESSO is only available through a restricted program called the ZULRESSO REMS

**Please see Important Safety Information throughout brochure and accompanying [Full Prescribing Information](#), including [Boxed Warning](#) and [Medication Guide](#), in pocket.**

This brochure does not depict actual patients.

**FOR MOMS**

# Important Safety Information About ZULRESSO



## What is ZULRESSO?

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#### Before receiving ZULRESSO, tell your healthcare provider about all your medical conditions, including if you:

- drink alcohol
- have kidney problems
- are pregnant or think you may be pregnant. It is not known if ZULRESSO will harm your unborn baby
  - There is a pregnancy registry for females who are exposed to ZULRESSO during pregnancy. The purpose of the registry is to collect information about the health of females exposed to ZULRESSO and their baby. If you become pregnant during treatment with ZULRESSO, talk to your healthcare provider about registering with the National Pregnancy Registry for Antidepressants at 1-844-405-6185 or visit <https://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/antidepressants/>
- are breastfeeding or plan to breastfeed. ZULRESSO passes into breast milk. Talk to your healthcare provider about the risks and benefits of breastfeeding and about the best way to feed your baby while receiving ZULRESSO

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements.

ZULRESSO and some medicines may interact with each other and cause serious side effects.

**Especially tell your healthcare provider if you take** other antidepressants, opioids, or Central Nervous System (CNS) depressants (such as benzodiazepines).

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine. Your healthcare provider will decide if other medicines can be taken with ZULRESSO.

#### How will I receive ZULRESSO?

ZULRESSO is given to you by continuous intravenous (IV) infusion into your vein. The infusion will last for a total of 60 hours (2.5 days).

#### What should I avoid while receiving ZULRESSO?

- ZULRESSO may make you feel dizzy and sleepy. Do not drive a car or do other dangerous activities after your ZULRESSO infusion until your feeling of sleepiness has completely gone away. See **“What is the most important information I should know about ZULRESSO?”**
- Do not drink alcohol while receiving ZULRESSO

#### What are the possible side effects of ZULRESSO?

#### ZULRESSO can cause serious side effects, including:

- See **“What is the most important information I should know about ZULRESSO?”**
- **Increased risk of suicidal thoughts or actions.** ZULRESSO and other antidepressant medicines may increase suicidal thoughts and actions in some people 24 years of age and younger. Depression or other serious mental illnesses are the most important causes of suicidal thoughts or actions

#### How can I watch for and try to prevent suicidal thoughts and actions?

- Pay close attention to any changes, especially sudden changes in mood, behavior, thoughts, or feelings, or if you develop suicidal thoughts or actions
- Tell your healthcare provider right away if you have any new or sudden changes in mood, behavior, thoughts, or feelings
- Keep all follow-up visits with your healthcare provider as scheduled. Call your healthcare provider between visits as needed, especially if you have concerns about symptoms

#### Tell your healthcare provider right away if you have any of the following symptoms, especially if they are new, worse, or worry you:

- Attempts to commit suicide, thoughts about suicide or dying, new or worse depression, other unusual changes in behavior or mood

#### The most common side effects of ZULRESSO include:

- Sleepiness, dry mouth, passing out, flushing of the skin or face
- These are not all the side effects of ZULRESSO.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Please see [Full Prescribing Information including Boxed Warning and Medication Guide](#) for ZULRESSO™ and discuss any questions you may have with your healthcare provider.



**You** are not alone.



**About 1 in 9 moms suffers from postpartum depression (PPD),**  
a common medical condition that can happen during or after pregnancy.

## Postpartum depression can be hard for you to recognize

At first, the symptoms of postpartum depression (PPD) may seem similar to those experienced by most new moms, such as changes in mood, sleep patterns, and anxiety level. If it's PPD, many of these symptoms last longer than 2 weeks.



Listed below are some of the symptoms of PPD, but there may be others. If you are experiencing anything that causes concern, talk to your doctor. Your doctor will tell you if it's PPD.

- Feeling depressed (for example, empty, sad, or hopeless)
- Little interest or pleasure in doing normal activities (for example, trouble bonding with baby, loss of interest in socializing, feeling like you don't care anymore)
- Trouble falling or staying asleep, or sleeping too much
- Feeling tired or having little energy
- Feeling like you need to force yourself to eat, overeating, or noticeable weight changes
- Feeling guilty for things over which you have no control
- Difficulty thinking clearly or concentrating
- Inability to sit still, pacing, tugging on clothing, or slowed speech, thinking, or movements
- Thoughts of death, suicidal thought/attempts

### SELECT IMPORTANT SAFETY INFORMATION

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. ZULRESSO and some medicines may interact with each other and cause serious side effects.

Please see Important Safety Information throughout brochure and accompanying [Full Prescribing Information](#), including [Boxed Warning](#) and [Medication Guide](#), in pocket.

## Postpartum depression is not your fault

You may be wondering why this has happened to you. Postpartum depression (PPD) is one of the most common medical complications during and after pregnancy. While its cause is not fully understood, the following facts are important:

- **PPD can happen to anyone, regardless of age, ethnicity, marital status, or income**
- **Research shows that there are biological and environmental factors that may be associated with PPD, such as:**
  - Family or personal history of depression
  - Increased stressors
  - Hormone changes related to pregnancy
- **These are some of the factors that can contribute to PPD, but there are others. It's important to remember that PPD can happen to anyone.**

**Talk to your doctor as soon as possible if you think you may have PPD.**

### **SELECT IMPORTANT SAFETY INFORMATION**

**Especially tell your healthcare provider if you take** other antidepressants, opioids, or Central Nervous System (CNS) depressants (such as benzodiazepines).

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine. Your healthcare provider will decide if other medicines can be taken with ZULRESSO.

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**Zulresso™**  
(brexanolone) injection   
for intravenous use 100mg/20mL



## Care for yourself first

- During this very important time in your life, **Each. Day. Matters.** Of course you want to be there for your baby; that's why you have to take care of yourself too
- Experiencing symptoms of postpartum depression (PPD) may have consequences

### PPD is a treatable condition.

You don't have to push through it—talk to your doctor as soon as possible if you think you may have PPD.

#### SELECT IMPORTANT SAFETY INFORMATION

##### How will I receive ZULRESSO?

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## ZULRESSO can help with postpartum depression

Moms who took ZULRESSO experienced a greater improvement in symptoms of postpartum depression vs placebo in 2.5 days, as measured by a standard depression scale.

### Fast symptom improvement is possible.

Talk to your doctor to learn more about ZULRESSO.

### ZULRESSO REMS

Because of the risk of serious harm resulting from excessive sedation or sudden loss of consciousness during treatment, ZULRESSO is only available through a restricted program called the ZULRESSO REMS in which a healthcare provider will carefully monitor the patient at a certified healthcare facility.

#### SELECT IMPORTANT SAFETY INFORMATION

The most common side effects of ZULRESSO include:

- Sleepiness, dry mouth, passing out, flushing of the skin or face

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You can feel better in days



#### FIRST AND ONLY

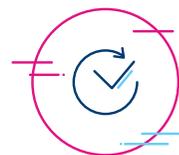
ZULRESSO is the first and only FDA-approved medicine specifically for postpartum depression.

Individual results may vary.



#### FAST RESULTS

In 2.5 days, moms treated with ZULRESSO experienced a greater reduction in symptoms of postpartum depression vs placebo as measured by a standard depression scale.



#### MAINTAINED RESULTS

In clinical studies, moms who took ZULRESSO generally still felt better 30 days after treatment began as measured by a standard depression scale. This 30-day measurement was also a preplanned part of the study.

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(brexanolone) injection (IV)  
for intravenous use 100mg/20mL

#### What is ZULRESSO?

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Visit [SageCentralSupport.com](https://www.sagecentral.com)  
to learn more about patient support resources and programs.

## Sage Central is here to help with patient support resources and programs



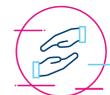
Sage Central is your source for patient support resources and programs, including:



**LIVE SUPPORT:** Dedicated case managers—Sage Central Navigators—who can provide information to help throughout the treatment journey



**PERSONALIZED SUPPORT:** Assistance with understanding insurance and coverage options



**FINANCIAL ASSISTANCE:** Learn about possible financial assistance programs for eligible patients



**ADDITIONAL RESOURCES:** Access to educational resources and assistance with connecting patients to local support within their communities

**Call 844-4-SAGERX (844-472-4379)**

To connect with a Sage Central Navigator M-F, 8AM-8PM ET

Please remember that your doctor should always be your primary resource for any questions regarding your treatment.

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# Each. Day. Matters.

Talk to your doctor to see if ZULRESSO is right for you.

You're not in this alone. If you think it may be PPD, your doctor can help.

## SELECT IMPORTANT SAFETY INFORMATION

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Talk to your healthcare provider about the risks and benefits of breastfeeding and about the best way to feed your baby while receiving ZULRESSO.

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## What should I avoid while receiving ZULRESSO?

- ZULRESSO may make you feel dizzy and sleepy. Do not drive a car or do other dangerous activities after your ZULRESSO infusion until your feeling of sleepiness has completely gone away. See "**What is the most important information I should know about ZULRESSO?**"
- Do not drink alcohol while receiving ZULRESSO

# A chance for a new beginning in days

In 2.5 days, moms treated with ZULRESSO experienced a greater reduction in symptoms of postpartum depression compared to placebo as measured by a standard depression scale. The effect of ZULRESSO compared to placebo was also measured 30 days after starting treatment.



FIRST AND ONLY



FAST IMPROVEMENT



MAINTAINED RESULTS

Tell your healthcare provider if you take other antidepressants, opioids, or CNS depressants such as benzodiazepines. Alcohol should be avoided.

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