



Zulresso[®]
(brexanolone) injection ^{IV}
for intravenous use 100mg/20mL

Don't let postpartum depression
take you away from precious moments.

Each. Day. Matters.

ZULRESSO[®] (brexanolone) is an FDA-approved medicine indicated for postpartum depression (PPD) in adults.

This brochure does not depict actual patients and ZULRESSO is not approved for pediatric use

What is ZULRESSO?

ZULRESSO is a prescription medicine used to treat Postpartum Depression in adults.

IMPORTANT SAFETY INFORMATION

ZULRESSO can cause serious side effects, including:

- **Excessive sedation and sudden loss of consciousness.** ZULRESSO may cause you to feel very sleepy (excessive sedation) or pass out (loss of consciousness). Your healthcare provider should check you for symptoms of excessive sleepiness every 2 hours while you are awake.
 - During your ZULRESSO infusion, tell your healthcare provider right away if you feel like you cannot stay awake during the time you are normally awake or if you feel like you are going to pass out. Your healthcare provider may lower your dose or stop the infusion until symptoms go away.
 - You must have a caregiver or family member with you to help care for your child(ren) during your ZULRESSO infusion.

Please see additional Important Safety Information throughout and read the Medication Guide, including information on serious side effects, in the accompanying full Prescribing Information.

In the US, approximately 1 in 8 moms experiences symptoms of postpartum depression (PPD), one of the most common medical complications during and after pregnancy.

But it can be difficult to recognize.

While anxious thoughts are a prominent feature of PPD, patients can exhibit a wide variety of signs and symptoms, which may increase the difficulty of diagnosis, including:

- Persistent sad, hopeless, or “empty” mood
- Trouble bonding or forming an emotional attachment with the new baby
- Persistent doubts about the ability to care for the new baby
- Loss of interest or pleasure in hobbies or activities
- Feelings of guilt, worthlessness, hopelessness, or helplessness
- Fatigue or abnormal decrease in energy
- Difficulty concentrating, remembering, or making decisions
- Irritability
- Difficulty sleeping (even when the baby is sleeping), awakening early in the morning, or oversleeping
- Abnormal appetite, weight changes or both
- Feeling restless or having trouble sitting still
- Aches or pains, headaches, cramps, or digestive problems that do not have a clear physical cause or that do not ease even with treatment
- Thoughts about death, suicide, or harming oneself or the baby

If you are experiencing anything that causes concern, speak with your healthcare provider. They can tell you if it’s PPD.

IMPORTANT SAFETY INFORMATION (continued)

- Because of the risk of serious harm resulting from excessive sedation or sudden loss of consciousness, ZULRESSO is only available through a restricted program called the ZULRESSO REMS.

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IMPORTANT SAFETY INFORMATION (continued)

Before receiving ZULRESSO, tell your healthcare provider about all your medical conditions, including if you:

- drink alcohol
- have kidney problems
- are pregnant or think you may be pregnant. It is not known if ZULRESSO will harm your unborn baby.
 - There is a pregnancy registry for females who are exposed to ZULRESSO during pregnancy. The purpose of the registry is to collect information about the health of females exposed to ZULRESSO and their baby. If you become pregnant during treatment with ZULRESSO, talk to your healthcare provider about registering with the National Pregnancy Registry for Antidepressants at 1-844-405-6185 or visit <https://womensmentalhealth.org/clinical-and-researchprograms/pregnancyregistry/antidepressants/>
- are breastfeeding or plan to breastfeed. ZULRESSO passes into breast milk. Talk to your healthcare provider about the risks and benefits of breastfeeding and about the best way to feed your baby while receiving ZULRESSO.

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ZULRESSO may provide rapid improvement of depressive symptoms in 2.5 days.

2.5
DAYS

FAST RESULTS*

Moms treated with ZULRESSO experienced a greater improvement in depressive symptoms vs placebo in 2.5 days as measured by a standard depression scale.



MAINTAINED RESULTS*

In clinical studies, moms who took ZULRESSO generally still felt better 30 days after treatment began as measured by a standard depression scale. This 30-day measurement was also a preplanned part of the study.

ZULRESSO is administered as a continuous intravenous infusion into the vein over 2.5 days. ZULRESSO may cause you to feel very sleepy (excessive sedation) or pass out (loss of consciousness). Because of the risk of serious harm resulting from extreme sleepiness or passing out during treatment, ZULRESSO is only available through a restricted program called the ZULRESSO REMS in which a healthcare provider will carefully monitor you at a certified healthcare facility.

The most common side effects of ZULRESSO include: sleepiness, dry mouth, passing out, and flushing of the skin or face. These are not all the side effects of ZULRESSO.

*Individual results may vary.

IMPORTANT SAFETY INFORMATION (continued)

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

ZULRESSO and some medicines may interact with each other and cause serious side effects.

Especially tell your healthcare provider if you take other antidepressants, opioids, or Central Nervous System (CNS) depressants (such as benzodiazepines).

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine. Your healthcare provider will decide if other medicines can be taken with ZULRESSO.

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IMPORTANT SAFETY INFORMATION (continued)

How will I receive ZULRESSO?

ZULRESSO is given to you by continuous intravenous (IV) infusion into your vein.

What should I avoid while receiving ZULRESSO?

- ZULRESSO may make you feel dizzy and sleepy. Do not drive a car or do other dangerous activities after your ZULRESSO infusion until your feeling of sleepiness has completely gone away. See **“What is the most important information I should know about ZULRESSO?”**
- Do not drink alcohol while receiving ZULRESSO.

What are the possible side effects of ZULRESSO?

ZULRESSO can cause serious side effects, including:

- See **“What is the most important information I should know about ZULRESSO?”**
- Increased risk of suicidal thoughts or actions. ZULRESSO and other antidepressant medicines may increase suicidal thoughts and actions in some people 24 years of age and younger. Depression or other serious mental illnesses are the most important causes of suicidal thoughts or actions.



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You're not in this alone. If you think you're experiencing symptoms of PPD, speak with your healthcare provider.

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"I remember just feeling better. It was as if there was a shift and the PPD symptoms, like my depressed mood, started to go away. From this moment on, I vowed I would fight PPD. I would fight for my family and most importantly, for myself."

- Lene, ZULRESSO Patient

This is one person's experience. Yours may be different.

Visit ZULRESSO.com to hear from patients on their experience with PPD and treatment with ZULRESSO

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Sage Central® is available to provide patient support resources and information throughout your treatment with ZULRESSO.



Sage Central is a source for patient support resources and information. Once enrolled, you will have a dedicated team of support specialists—known as Sage Central Navigators—who can provide information to help you throughout your treatment journey with ZULRESSO.

After you sign up with Sage Central, a Navigator will call you within 1 to 2 business days to welcome you, begin to guide you through the treatment process, and provide helpful information.

How can our Navigators help? They can:

- Answer questions about ZULRESSO and the treatment process
- Help you understand your insurance coverage and options
- Provide information to help you prepare for your infusion
- Review financial assistance programs for eligible patients

Call 844-4-SAGERX (844-472-4379)

To connect with a Sage Central Navigator
Monday-Friday, 8AM-8PM ET

Please remember that your doctor should always be your primary resource for any questions regarding your treatment. Visit [SageCentralSupport.com](https://www.sagecentral.com) to learn more

IMPORTANT SAFETY INFORMATION (continued)

How can I watch for and try to prevent suicidal thoughts and actions?

- Pay close attention to any changes, especially sudden changes in mood, behavior, thoughts, or feelings, or if you develop suicidal thoughts or actions.
- Tell your healthcare provider right away if you have any new or sudden changes in mood, behavior, thoughts, or feelings.
- Keep all follow-up visits with your healthcare provider as scheduled. Call your healthcare provider between visits as needed, especially if you have concerns about symptoms.

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IMPORTANT SAFETY INFORMATION (continued)

Tell your healthcare provider right away if you have any of the following symptoms, especially if they are new, worse, or worry you:

- Attempts to commit suicide, thoughts about suicide or dying, new or worse depression, other unusual changes in behavior or mood

The most common side effects of ZULRESSO include:

- Sleepiness, dry mouth, passing out, flushing of the skin or face.

These are not all the side effects of ZULRESSO.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.



About ZULRESSO and Important Safety Information

What is ZULRESSO?

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You may feel better in 2.5 days with ZULRESSO®

ZULRESSO is administered as a continuous intravenous infusion into the vein over 2.5 days. In clinical studies, moms who took ZULRESSO experienced a greater improvement in symptoms of postpartum depression vs placebo in 2.5 days. Symptoms were measured at the beginning of treatment using a standard depression scale and again at the end of treatment.

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Speak with your healthcare provider to see if ZULRESSO is the right treatment option for you.



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Join our Facebook and Instagram communities:

fb.com/ZULRESSO

[@zulresso_brexanolone](https://www.instagram.com/zulresso_brexanolone)



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